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# Impact of multi-vessel versus single-vessel disease on outcomes after percutaneous coronary interventions for chronic total occlusions

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#### Abstract

*Background* Successful chronic total occlusion (CTO) revascularization has been associated with prognostic benefits. Whether the extent of coronary artery disease interferes with these benefits has not been investigated yet.

*Aims* We sought to compare the survival after percutaneous coronary intervention (PCI) for CTO between patients with multi- (MVD) and single-vessel disease (SVD).

*Methods* A total of 2002 consecutive patients undergoing CTO PCI between 01/2005 and 12/2013 were identified and stratified according to the presence/absence of MVD. The primary endpoint was all-cause mortality. Median follow-up was 2.6 (interquartile range 1.1–3.1) years.

*Results* A total of 1634 (81.6%) patients had MVD. Procedural success rates were 81.5 and 89.7% in the MVD and SVD groups (p < 0.001). All-cause mortality during entire follow-up was higher in MVD as compared to SVD patients (13.5 versus 5.7%, p < 0.001), and differences were attenuated after multivariable adjustment for baseline characteristics [adjusted hazard ratio (HR) 1.51, 95% CI 0.98–2.33, p = 0.06]. The effect of successful CTO PCI on all-cause mortality was consistent among patients with MVD [11.0 versus 24.5%; adjusted HR 0.60, 95% CI 0.45–0.80, p < 0.001] and SVD [5.2 versus 10.5%; adjusted HR 0.74, 95% CI 0.24–2.26, p = 0.59,  $P_{int} = 0.65$ ]. However, due to

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Aurel Toma toma.aurel@gmail.com the greater baseline risk in the former group, the absolute survival benefit after successful CTO PCI was higher.

*Conclusions* Successful recanalization of a CTO is a strong independent predictor for reduced long-term mortality. Due a higher baseline risk, the absolute benefit in patients with MVD is substantially larger than in patients with SVD.

**Keywords** Coronary artery disease · Chronic total occlusion · Percutaneous coronary intervention · Multivessel disease · Single-vessel disease

# Introduction

Chronic total occlusions (CTO) are frequently encountered in patients evaluated for coronary artery disease [1, 2], and percutaneous coronary intervention (PCI) for CTO is increasingly performed in contemporary angioplasty practice given the survival benefit associated with successful CTO recanalization that was found in various registries [3-8]. Albeit impressive advancements in device technology and interventional techniques were achieved over the last decades [9–11], along with a growing operator experience in this field, recanalization of CTO lesions continues to be particularly challenging and associated with lower procedural success rates as compared with PCI for non-occlusive coronary artery disease [12, 13]. Given the comorbidities and complex lesion characteristics frequently encountered in these high-risk patients, along with the associated increased procedural risk, selection of patients that are likely to benefit most from percutaneous coronary revascularization is paramount. Besides patient-related factors, lesion characteristics, such as calcification severity, tortuosity, stump morphology, and occlusion length, along

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with the disease extent, need to be taken into account when attempting CTO PCI [14, 15]. Although complex coronary artery disease as reflected by a high SYNTAX score has recently been associated with reduced procedural success rates and worse clinical outcomes in patients undergoing CTO PCI [16, 17], a more pronounced survival benefit of CTO recanalization in patients with multi-vessel disease (MVD) has been suggested in a cohort of 486 patients [6]. However, evidence that prognostic benefits of successful CTO recanalization may depend on the extent of coronary artery disease is scarce, and direct comparisons of outcomes between patients with and without MVD undergoing CTO PCI are lacking.

The aim of this analysis was therefore to assess procedural characteristics and long-term clinical outcomes of patients with MVD and single-vessel disease (SVD) undergoing CTO PCI, and further, to elucidate survival benefits of successful CTO recanalization according to the disease extent.

#### Methods

# Patients

As part of the quality management program the clinical database of our institution comprises comprehensive demographic, clinical and angiographic data, as well as inhospital and long-term outcomes of all patients undergoing elective PCI [18]. Outpatient visits and/or telephone calls were prospectively performed at 30 days, at 1 year, and at 3 years after PCI. A total of 2002 patients who underwent elective PCI for at least 1 CTO between January 2005 and December 2013 were identified and included in the CTO registry [19, 20]. All operators performing CTO PCI procedures had significant expertise in this field. Indications for CTO PCI were based on angina symptoms and/or proven ischemia (presence of viable myocardium with perfusion defect on cardiac magnetic resonance imaging, inducible ischemia on stress echocardiography, or inducible ischemia on myocardial perfusion scintigraphy).

### Definitions

Coronary CTO was defined as a totally occluded coronary artery with complete interruption of antegrade blood flow (Thrombolysis in Myocardial Infarction [TIMI] flow grade 0) of an estimated duration of  $\geq$ 3 months [21]. Duration was estimated based on previous angiography findings, onset of anginal symptoms, and prior myocardial infarction in the CTO vessel territory. Procedural success was defined based on coronary angiography findings. CTO revascularization was considered successful when both a <30% residual diameter stenosis by visual assessment within the target segment and complete restoration of antegrade blood flow (TIMI flow grade 3) were achieved.

The primary endpoint was all-cause mortality. The secondary endpoint was major adverse cardiovascular event (MACE), the composite of all-cause death, non-fatal myocardial infarction, and clinically indicated target vessel revascularization (TVR) including PCI and CABG. Nonfatal myocardial infarction was defined based on electrocardiographic findings (new Q waves in two or more contiguous leads) or laboratory criteria (elevated creatine kinase or creatine kinase-myocardial band to at least three times the upper limit of normal in two plasma samples during hospitalization) [22–24].

### Statistical analysis

Continuous variables are given as mean ± standard deviation (SD), or median and interguartile range, and categorical variables presented as frequencies and percentages. Normality of distribution was assessed by the Kolmogorov-Smirnov test. Continuous variables were tested for differences with the unpaired Student's t test or the Mann-Whitney U test, and categorical variables with the Pearson's  $\chi^2$  test or the Fisher's exact test, respectively. Logistic regression and Cox proportional hazards models were utilized to assess adjusted risks of the outcome variables (procedural success, the composite MACE, and the individual MACE components). Models were adjusted for selected variables showing significant differences between groups (p < 0.05), including age, gender, diabetes, smoking, hypertension, estimated glomerular filtration rate, prior myocardial infarction, prior percutaneous coronary revascularization, prior coronary artery bypass grafting, left ventricular ejection fraction <40%, target vessel, moderate/severe calcification, and procedural success. Cox proportional hazards regression test of interaction (MVD/ SVD status by procedural success/failure status) was used to assess whether there was a differential effect of procedural success by MVD/SVD status. Kaplan-Meier survival curves were generated using the log-rank test to assess differences between groups. A two-sided p value of <0.05 was considered statistical significant. All statistical analyses were performed using IBM-SPSS version 24 (IBM Corp.).

### Results

#### **Patient characteristics**

Median follow-up was 2.6 (1.1–3.1) years. A total of 1634 (81.6%) patients had MVD; two- and three-vessel disease was present in 572 (28.6%) and 1062 (53.0%) patients.

Patients with MVD had a higher baseline risk profile than patients with SVD (Table 1). Patients with MVD were older (p < 0.001) and more frequently male (p < 0.001) as compared with patients with SVD. Multi-vessel disease was associated with a higher prevalence of diabetes (p = 0.001), hypertension (p < 0.001), prior myocardial infarction (p < 0.001), chronic kidney disease (p = 0.003), and left ventricular systolic dysfunction (p < 0.001). Patients with SVD were more frequently smoking (p = 0.001) and had a higher rate of prior failed CTO PCI attempts (p = 0.045).

#### Angiographic and procedural characteristics

Target vessels for CTO PCI differed significantly between patients with and without MVD (p < 0.001, Table 2). The left anterior descending coronary artery was more

Table 1 Baseline characteristics

	SVD $(n = 368)$	MVD $(n = 1634)$	p value					
Demographic and clinical characteristics								
Age, years	$62 \pm 10.9$	$65.9 \pm 10.4$	< 0.001					
Female gender	85 (23.1)	247 (15.1)	< 0.001					
Body mass index, kg/ m <sup>2</sup>	$27.9 \pm 4.2$	$28.2 \pm 4.4$	0.228					
Diabetes mellitus	83 (22.6)	507 (31.0)	0.001					
Current smoking	97 (26.4)	304 (18.6)	0.001					
Dyslipidemia	312 (84.8)	1414 (86.5)	0.211					
Hypertension	273 (74.2)	1374 (84.1)	< 0.001					
Family history of coro- nary artery disease	145 (39.4)	603 (36.9)	0.201					
Prior myocardial infarc- tion	58 (15.8)	435 (26.6)	<0.001					
Prior CABG	3 (0.8)	289 (17.7)	< 0.001					
Prior PCI	27 (7.3)	283 (17.3)	< 0.001					
Previous failed attempt	80 (21.7)	290 (17.7)	0.045					
Laboratory and echocardiographic characteristics								
CKD (stage 4), n (%)	54 (14.7)	340 (20.9)	0.003					
eGFR (Cockcroft), ml/ min	$94.2 \pm 34.1$	87.4±33.9	0.001					
Total cholesterol, mmol/l	$195.1 \pm 47.1$	188±47.5	0.01					
HDL cholesterol, mmol/l	$50.5 \pm 15.2$	$49.1 \pm 14.4$	0.093					
LDL cholesterol, mmol/l	$119.1 \pm 40.1$	$116 \pm 40.7$	0.188					
LVEF < 40%	41 (11.1)	307 (18.8)	< 0.001					
-								

Values are given as mean and standard deviation or number and percentage

*CABG* coronary artery bypass grafting, *CKD* chronic kidney disease, *eGFR* estimated glomerular filtration rate, *HDL* high-density lipoprotein, *LDL* low-density lipoprotein, *LVEF* left ventricular ejection fraction, *MVD* multi-vessel disease, *PCI* percutaneous coronary intervention, *SVD* single-vessel disease frequently affected in SVD patients (p < 0.001), and left circumflex coronary artery lesions more often encountered in MVD patients (p < 0.001). Moderate to heavy calcifications were more frequently observed in the MVD group (p < 0.001). Procedural complexity as reflected by a higher amount of contrast volume (p < 0.001), a longer fluoroscopy time (p < 0.002), and an increased radiation dose (p < 0.003) was higher in patients with MVD. The retrograde approach was more frequently used in SVD as compared to MVD patients (p = 0.008).

### Outcomes

Procedural success was lower in the MVD (81.5%) as compared to the SVD group (89.7%, p < 0.001). Multi-vessel disease was significantly associated with procedural failure (adjusted OR 1.59, 95% CI 1.09–2.32, p=0.02). Rates of in-hospital procedural complications were low, and were observed in 28 (1.7%) and 3 (0.8%) patients in the MVD and the SVD groups. In MVD patients, cardiac tamponade occurred in ten (0.6%), coronary perforation in five (0.3%), aortic dissection in two (0.1%), and cerebrovascular accident in two (0.1%) patients. Vascular access site complications were observed in six (0.4%) and two (0.5%) patients in the MVD and SVD groups, and bleeding requiring transfusion of red packed blood cells in nine (0.6%) and three (0.8%) patients, respectively.

All-cause mortality was significantly higher in MVD as compared to SVD group (13.5 versus 5.7%, p < 0.001, Table 3; Fig. 1a). This difference in all-cause mortality between groups was mitigated after multivariable adjustment for baseline characteristics (adjusted HR 1.51, 95% CI 0.98–2.33, p=0.06). Rates of MACE were higher in the MVD as compared to the SVD group (33.3 versus 19.8%, p < 0.001, Fig. 1b). A significant difference in MACE rate persisted after adjusting for baseline differences (adjusted HR 1.65, 95% CI 1.28–2.12, p < 0.001). The composite of all-cause death and myocardial infarction was observed in 16.7% and 7.9% (p=0.02), and target vessel revascularization in 19.7% and 13.0% (p=0.002) of patients in the MVD and SVD groups, respectively.

Cumulative event curves for all-cause mortality and MACE are displayed in Fig. 2. In the MVD group, allcause mortality was significantly reduced in patients with procedural success (11.0 versus 24.5%, adjusted HR 0.60, 95% CI 0.45–0.80, p < 0.001). A consistent relative risk reduction for all-cause mortality ( $P_{\text{interaction}} = 0.65$ , Fig. 3) was found in the SVD group, albeit without reaching statistical significance (5.2 versus 10.5%, adjusted HR 0.75, 95% CI 0.24–2.26, p = 0.59). Given the higher baseline risk in the MVD group, the absolute survival benefit was higher in the MVD as compared to the SVD group (14.5 versus 5.3%). Numerically, survival benefit of

**Table 2**Angiographic andprocedural characteristics

	SVD (n=368)	MVD (n=1634)	p value
Lesion characteristics			
CTO target vessel			< 0.001
LM	0 (0)	15 (0.9)	0.09
LAD	146 (39.7)	410 (25.1)	< 0.001
LCX	46 (12.5)	454 (27.8)	< 0.001
RCA	176 (47.8)	755 (46.2)	0.60
Lesion length >20 mm	276 (75)	1248 (76.4)	0.309
Moderate or severe calcifications	166 (45.1) 955 (58.4)		< 0.001
Procedural characteristics			
Procedural success	330 (89.7)	1332 (81.5)	< 0.001
Drug-eluting stent	320 (97.0)	1234 (92.)	0.002
Bare metal stent	9 (2.7)	65 (4.9)	0.055
Drug-eluting balloon	0 (0.0)	7 (0.5)	0.212
Number of stents	$1.4 \pm 0.8$	$1.3 \pm 1.0$	0.047
Total stent length, mm	$38.0 \pm 24.9$	$34.1 \pm 26.5$	0.011
Retrograde approach	106 (28.8)	370 (22.6)	0.008
Contrast volume, ml	$268 \pm 139$	$332 \pm 158$	< 0.001
Fluoroscopy time, min	$30.9 \pm 30.4$	$37.4 \pm 38.1$	0.002
Kerma-area-product, cGy cm <sup>2</sup>	$10,525 \pm 14,654$	$12,845 \pm 13,341$	0.003

Values are given as mean and standard deviation or number and percentage

CTO chronic total occlusion, LAD left anterior descending coronary artery, LCX left circumflex coronary artery, LM left main coronary artery, MVD multi-vessel disease, RCA right coronary artery, SVD single-vessel disease

Table 3	Long-term outcomes of	patients with single- versus multi-vessel disease

	SVD $(n=368)$ MVD $(n=1634)$ Cr		Crude	Crude		Adjusted*	
			HR (95% CI)	p value	HR (95% CI)	p value	
All-cause death	21 (5.7%)	220 (13.5%)	2.55 (1.63-4.0)	<0.001	1.51 (0.98–2.33)	0.062	
All-cause death and/or myocardial infarction	29 (7.9%)	273 (16.7%)	2.28 (1.56–3.5)	< 0.001	1.58 (1.06–2.36)	0.023	
Target vessel revascularization	48 (13.0%)	322 (19.7%)	1.69 (1.25-2.29)	< 0.001	1.65 (1.20-2.26)	0.002	
MACE	73 (19.8%)	544 (33.3%)	1.94 (1.52–2.48)	< 0.001	1.65 (1.28–2.12)	< 0.001	

\*Adjusted for baseline variables showing differences (p < 0.05) between SVD and MVD patients, including age, gender, diabetes, smoking, hypertension, estimated glomerular filtration rate, prior myocardial infarction, prior percutaneous coronary revascularization, prior coronary artery bypass grafting, left ventricular ejection fraction <40%, target vessel, moderate/severe calcifications, and procedural success

Values are given as numbers and percentages

CI confidence interval, HR hazard ratio, MACE major adverse cardiovascular events, MVD multi-vessel disease, SVD single-vessel disease

successful CTO revascularization was larger in patients with three-vessel disease (11.9 versus 26.5%, adjusted HR 0.57, 95% CI 0.40–0.80, p = 0.001) than in those with two-vessel disease (9.2 versus 20.8%, adjusted HR 0.63, 95% CI 0.37–1.07, p = 0.09,  $P_{\text{interaction}} = 0.54$ ). Effects of successful CTO PCI on MACE rates were consistent among patients with MVD (30.9 versus 43.7%, adjusted HR 0.70, 95% CI 0.58–0.86, p = 0.001) and SVD (19.4 versus 23.7%, adjusted HR 1.12, 95% CI 0.55–2.29, p = 0.76,  $P_{\text{int}} = 0.23$ ), albeit without reaching statistical significance in the latter. In MVD patients, benefits of successful CTO revascularization on the incidence of MACE were observed in both the three- (34.8 versus 47.4%, adjusted HR 0.69, 95% CI 0.55–0.88, p=0.002) and the two-vessel disease groups (23.8 versus 36.8%, adjusted HR 0.68, 95% CI 0.47–0.99, p=0.048). There was no differential effect of procedural success on outcomes by MVD/SVD status ( $P_{\text{interaction}} \ge 0.1$  for all-cause death, all-cause death/myocardial infarction, TVR, and MACE, Fig. 3).

#### A All-cause mortality

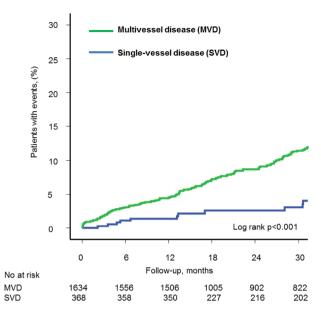
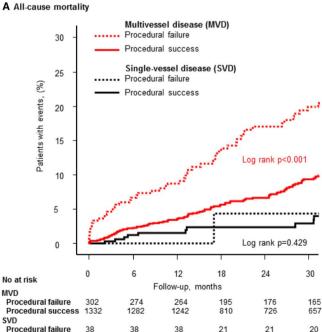


Fig. 1 Kaplan-Meier estimates for all-cause mortality (a) and major adverse cardiovascular events (b) in patients with single- and multi-vessel disease. MACE major adverse events (the composite of





**B** MACE

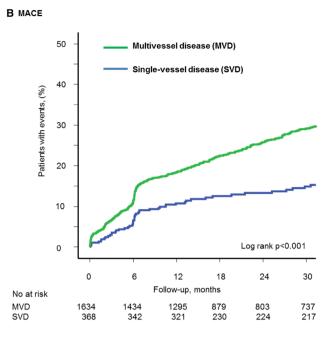
SVD

182

Procedural failure

Procedural success 330

38



all-cause death, non-fatal myocardial infarction, and target vessel revascularization), MVD multi-vessel disease, and SVD single-vessel disease

Multivessel disease (MVD) Procedural failure 50 Procedural success Single-vessel disease (SVD) Procedural failure 40 Patients with events, (%) Procedural success 30 Log rank p<0.001 20 í 10 Log rank p=0.909 0 12 30 0 6 18 24 No at risk Follow-up, months MVD Procedural failure 302 229 210 149 135 127 Procedural success 1332 1205 1085 730 668 610

Fig. 2 Kaplan-Meier estimates for all-cause mortality (a) and major adverse cardiovascular events (b) in patients with single- and multivessel disease stratified for procedural success. MACE major adverse

311

205

194

321

events (the composite of all-cause death, non-fatal myocardial infarction, and target vessel revascularization), MVD multi-vessel disease, SVD single-vessel disease

33

288

24

206

24

200

24

193

33

309

Procedural success 330

	Nr	Procedural success	Procedural failure	P-value	Adjusted Hazard rati (95% CI)	io 	P-value	P for interaction
All-cause death								
MVD	220	11.0%	24.5%	<0.001	0.60 (0.45-0.80)	-	<0.001	0.65
SVD	21	5.2%	10.5%	0.429	0.74 (0.24-2.26)		0.592	
All-cause death and/or MI								
MVD	273	14.6%	26.2%	<0.001	0.73 (0.56-0.96)	-	0.022	0.79
SVD	29	7.3%	13.2%	0.445	1.03 (0.38-2.77)		- 0.955	
TVR								
MVD	322	19.1%	22.2%	0.043	0.77 (0.59-1.01)	-	0.062	0.25
SVD	48	13.3%	10.5%	0.465	1.32 (0.46-3.74)		0.604	
MACE								
MVD	544	30.9%	43.7%	<0.001	0.70 (0.58-0.86)	-	0.001	0.23
SVD	73	19.4%	23.7%	0.909	1.12 (0.55-2.29)	<b>_</b>	0.761	
					- 0	1 2	3 4	

Procedural success bette

Fig. 3 Hazard ratios for adverse events in patients with single- and multi-vessel disease stratified for procedural success. Forest plot showing associations for different endpoints in patients with single- and multi-vessel disease. *MACE* major adverse events (the composite

of all-cause death, non-fatal myocardial infarction, and target vessel revascularization), *MVD* multi-vessel disease, and *SVD* single-vessel disease

Procedural failure bette

# Discussion

This analysis demonstrated that the absolute survival benefit of successful CTO PCI increases with the extent of coronary artery disease. The relative risk reductions by successful CTO PCI for mortality and MACE were not significantly different between patients with and without MVD. In addition, due to higher baseline risks, we found substantially higher absolute risk reductions for death and MACE in patients with MVD as compared with SVD.

#### **Procedural outcomes**

Patients with MVD disease were at an increased baseline risk as evidenced by an advanced age and a higher prevalence of cardiovascular comorbidities. About 30% of MVD patients had prior myocardial infarction, and 35% previous coronary revascularization by either coronary artery bypass grafting or PCI. Given the higher baseline risk and an increased procedural complexity, procedural success rates were lower in MVD as compared to SVD patients. Consistent with our findings, lower procedural success rates following CTO PCI were observed in patients with complex coronary artery disease as reflected by a high SYNTAX score [16, 17], and MVD has been identified as independent predictor of procedural failure in previous studies [4, 14]. However, high procedural success rates of 89.7% and 81.5% were achieved in both SVD and MVD patients in this cohort, which is consistent with data reported from other experienced centers [25, 26]. The lower rate of retrograde attempts observed in MVD as compared to SVD patients may be due to a less pronounced formation of collateral channels suitable for retrograde wiring in MVD, and may at least in part have contributed to a lower procedural success rate as technical strategies may be limited in these patients.

# Long-term clinical outcomes

All-cause mortality following CTO PCI was higher in MVD as compared to SVD patients, but differences mitigated after adjustments for baseline characteristics, indicating that differences in comorbidities between groups largely account for the increased mortality rates in patients with MVD. As adjusted MACE rates, mostly driven by the need for TVR, were higher in MVD patients, it is likely that additional lesion characteristics reflecting a more complex and advanced disease state or factors not taken into account in the multivariate models may explain the increased need for TVR in MVD patients.

In this registry, successful CTO recanalization was associated with higher absolute survival benefits in patients with MVD as compared with those with SVD, and largest benefits were observed in patients with three-vessel disease. In patients with MVD, a successfully recanalized CTO may afford a particular benefit by mitigating detrimental effects of an acute event in other coronary territories [27]. Such events are more likely to occur in MVD than in SVD patients. These findings underline the need to offer coronary revascularization to these patients despite their increased baseline risk and the observed lower procedural success rates. No significant survival benefit of successful CTO PCI was observed in SVD patients. This lack of survival benefit is in line with recently reported registry data [28]. The limited survival benefit of adding coronary revascularization to optimal medical therapy in patients with SVD and low cardiovascular risk highlights the need for future studies designed to better identify SVD patients who may have a prognostic benefit from CTO recanalization beyond symptomatic improvement [29]. In addition, it may be speculated that differences in survival benefits in SVD patients may exist according to the extent of ischemia or myocardial viability in the territory supplied by the CTO vessel.

# Limitations

The single center observational design is a limitation of the retrospective analysis. Nevertheless, comprehensive clinical, angiographic and procedural data of a large patient cohort undergoing CTO PCI was available. Further, we cannot exclude completely that confounding factors not taken into account in the multivariate models may have affected the outcome measures. In addition, comparisons among different treatment strategies including medical management and coronary artery bypass grafting were not possible, as only patients undergoing CTO PCI were included in this database.

# Conclusions

A significant prognostic benefit of successful CTO recanalization was observed in patients with MVD, particularly in those with three-vessel disease. Due a lower baseline risk in patients with SVD, survival benefits of successful CTO were smaller and did not reach statistical significance. These findings extend our knowledge about prognostic benefits associated with successful CTO revascularization, and suggest that beneficial effects of CTO PCI depend on the coronary artery disease extent. Thus, MVD justifies more extensive efforts and procedural risk with PCI for CTO than SVD.

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